



UCOA Quarterly Aging Summit Agenda Thursday – February 10, 2022

12:00 PM - 01:30 PM

Community Partner and Member Networking Meeting Utah Falls Prevention Alliance

Join Zoom Meeting <https://zoom.us/j/640416337>

Or Dial 669 900 6833

Meeting ID: 640 416 337

(Zoom conference information will remain the same for all UCOA quarterly meetings)

Agenda

12:00 Welcome to members and partners Andrew Jackson
Welcome and introduction to new first-time attendees

12:10 Executive Director Report Rob Ence

- Annual report
- State Plan for Family Caregiving
- State Aging Plan – Update for 2023
- Website updates
- Aging and the Arts <https://artsandmuseums.utah.gov/creative-aging/>
- Helpful Village



12:20 Falls Prevention Alliance Update Teresa Brunt, Alliance Chair

12:30 Navigating Medicaid and the Demands of Long-Term Care

- Eligibility and Resources Marcel Jones, UDOH Medicaid Specialist
- SHIP Program Insights Darren Hotton, SHIP Director
- Legal Perspective and Planning Considerations Troy Wilson, JD

01:20 Community Calendar and Partner Events Rob Ence/All

- March 31 – Advance Care Planning Summit
- June 15 – Utah Elder Abuse Awareness Day
- Calendar of Events on www.UtahAging.org

01:30 Adjourn

Next meeting May 12, 2022, at Noon – via Zoom

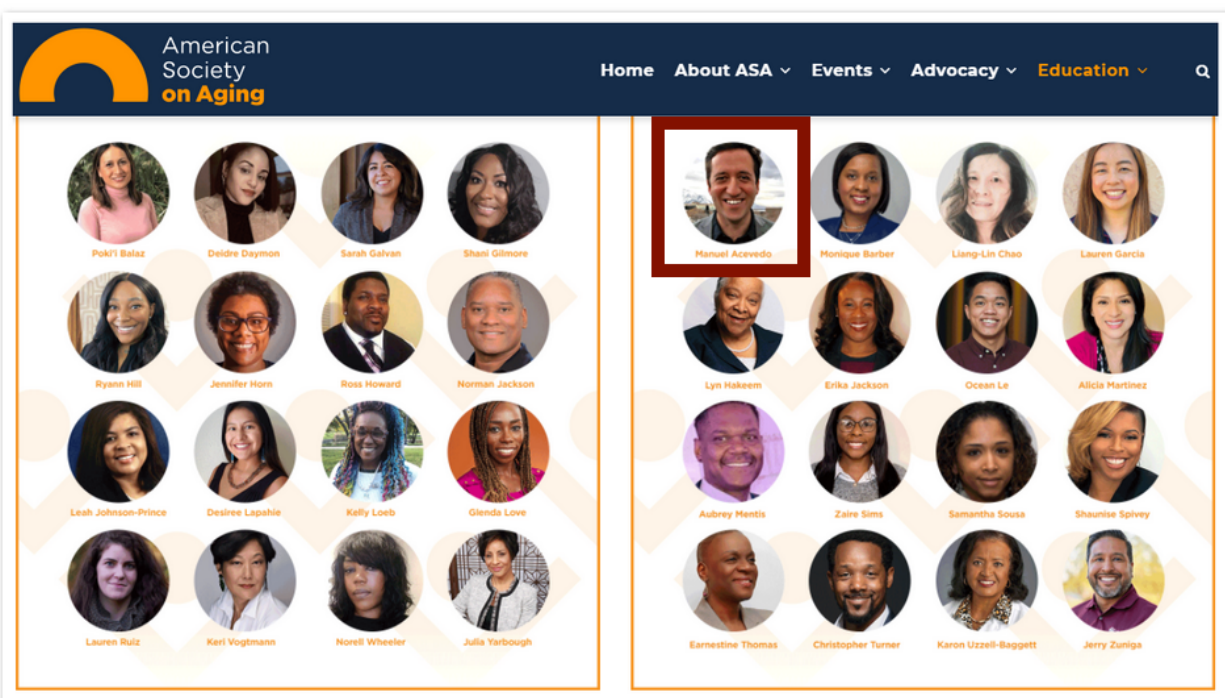
(Public and partner comment and input welcomed throughout. Session will be recorded.)

American Society on Aging Grants Helpful Village CEO a Rise Fellowship!

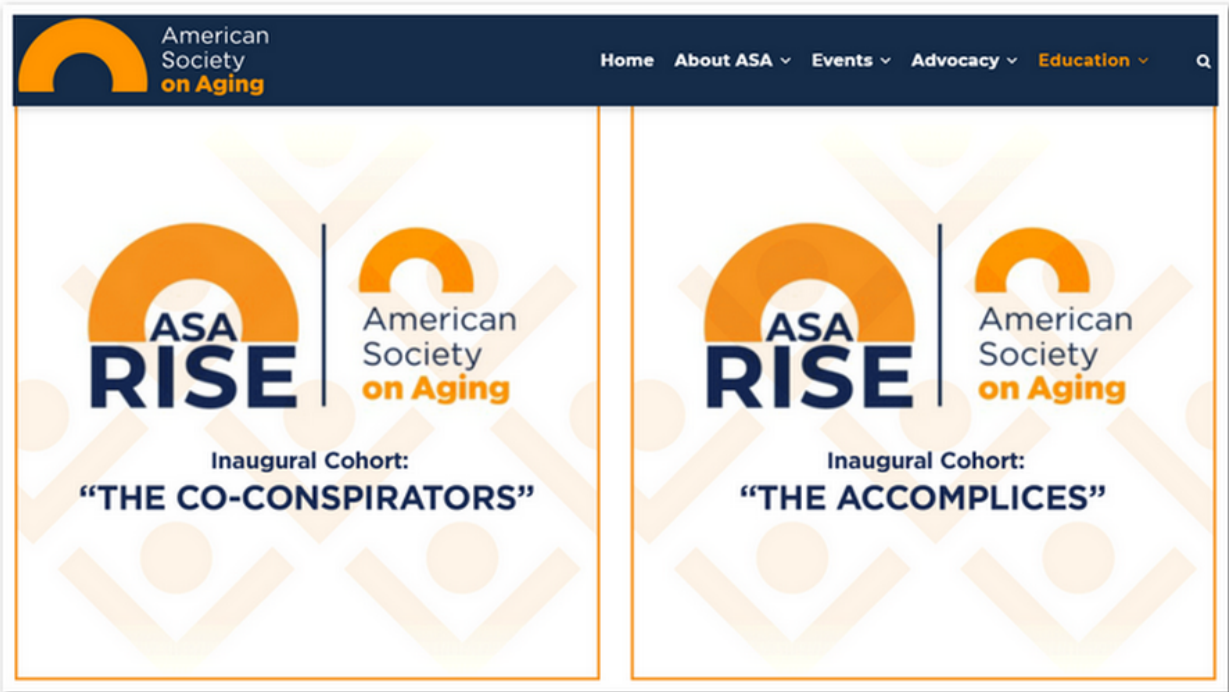
At the start of this new year we have some exciting news to share! The [American Society on Aging](#) has granted our CEO, Manuel Acevedo, an ASA Rise Fellowship and we couldn't be more proud.



This program recognizes leaders from minority groups who are making a difference in the Aging space and selected 30 fellows nationwide to join the inaugural cohort of this important program. We feel blessed that ASA is recognizing the hard work Manuel has invested over the years to advance [the Village Movement](#) and we are grateful for ASA's work to support diversity and give voice to all in the field of Aging.



In Manuel's application form, he highlighted the great work that Villages across the nation are doing with [Helpful Village technology](#), so we immediately wanted to share this good news with Villages across the nation and thank them for all they do!



The American Society on Aging has invited Manuel to present at their [On Aging conference](#) in April 2022 in New Orleans LA and we believe it is a great opportunity to continue to raise awareness about Villages. We have already solicited [the Village to Village Network](#) about ideas for our presentation that could help us shed light on the Village Movement at the conference, but if you are reading this message and have an idea to help others understand what Villages do, please do not hesitate to let us know.

As new variants of the COVID virus seem to shake the prospect of a return to a pre-pandemic way of life, we believe this is a great opportunity to spread the word about the Village Movement as a key resource to help Older Adults navigate our changing way of life.

We are so excited to continue working to support the Village Movement throughout the coming year!

Best,

The Helpful Village Team



BeReadyUtahExpo.org

#BeReadyUtahExpo

Prepping for Disaster is very Different for Aging Adults

With limited mobility, seniors are less capable of reacting appropriately and evacuating safely. Add the steps below to the common guidelines for preparing an Emergency Kit.

Medical conditions can make survival and evacuation more challenging for seniors. For those of us who serve a senior constituency, we must impress upon our public how essential health information and medications are in emergency preparations.

Encourage seniors with a serious condition to have a document on their person, or alert bracelet/necklace that identifies that condition. Complete the 7-point list below and make it accessible (front of refrigerator works). Also, include it in Emergency Kit.

- Your name, address, phone number and that of a local and an out-of-state contact.
- Languages you speak.
- Health insurers contact information and policy numbers.
- Contact information for your doctor, pharmacist and case manager (if appropriate).
- Current *major* health conditions, disabilities and allergies.
- List of medications and dosage; *include medication supply in your Emergency Kit.*
- Special equipment like mobility aids, medical devices. List source: Natural News

Further instructions for seniors:

Purchase a money belt(s) to wear under your clothing in an emergency that will carry private, important information and items.

Prepare a list of financial information such as banking and investments account numbers and passwords, location of real estate deeds, mortgage account(s), consumer debt, legal documents, etc. Keep a paper/digital copy of list in your money belt, along with some cash, safety deposit box, house and car keys. Ensure your family have a copy of this important data. In an emergency, grab your **pre-packed** money belt and Emergency Kit.

Prepare or review your estate documents like a will, trust, advanced directive and power of attorney. Store documents safely. Ensure the appropriate people have copies. Include an electronic copy of these documents in your money belt.

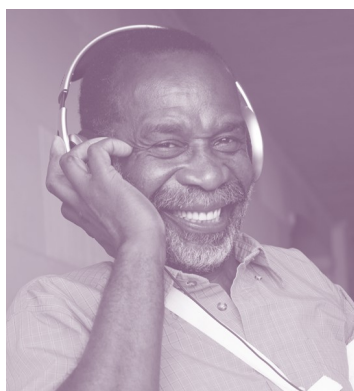
Build a neighborhood support network of nearby families, fully verified/vetted as reliable and trustworthy, who will check on you regularly and assist you during an emergency. Give them a copy of your emergency medical information, contacts and emergency preparations. Notify them if you'll be gone from home. Make sure they have access to your house. **It is vital that your network families be totally trustworthy.**

Seniors: Make a Kit. Create an Emergency Plan. Get Involved in your community.



Jewish Family
Service

Caring for all
Utahns since 1872



OLDER ADULTS

VIRTUAL GROUPS

Jewish Family Service has no-cost, virtual programs for people with dementia and their care partners.

CAREGIVER SUPPORT GROUP.

Meets the first and third Tuesday of each month at 12 p.m. on Zoom*.
Contact: Rosemary at rosemary@jfsutah.org or call 801-746-4334

DEMENTIA FRIENDLY ACTIVITY.

Meets the second and fourth Thursday of each month at 11 a.m.
This is a fun, one hour, Zoom* activity for persons with dementia.
Contact: Rosemary at rosemary@jfsutah.org or call 801-746-4334

GLEEFUL CHOIR.

This is a choir for persons living with dementia and their care partners. No experience necessary. Meets every Wednesday on Zoom* from 3:30-4:30 p.m. Contact: Emily Christensen at emily@jfsutah.org or call 435-840-5661

EXPLORING CREATIVITY.

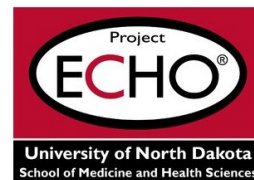
Older adults who engage in creativity have better emotional, cognitive and physical health! In this group, we introduce and practice a different form of art. We meet every third Wednesday via Zoom* from 10:30-11:30 am. No experience is necessary. Contact: Emily Christensen at emily@jfsutah.org or call 435-840-5661

*Zoom is a web platform that allows us to see each other on the computer, smart phone, or tablet screen. Our Zoom account is HIPPA compliant with the highest security available.

Building Resilience: Maintaining Quality Care in Nursing Homes During COVID



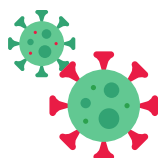
BROUGHT TO YOU BY THE
**GREAT PLAINS - MOUNTAIN
GWEP CONSORTIUM**



A live 12 week series on Wednesdays. March 2nd – May 18th, 2022
1-2:00pm (MST)/2-3:00pm (central). Offered over Zoom.

Presenters include regional and national experts in geriatric care. Receive feedback on your QAPI process from quality improvement experts.

Topics include:



Covid Considerations

Strengthen your organization's knowledge and best practices around COVID-19. Support your staff and build team resilience.



Age-Friendly Care

Provide better care for older adults by applying the 4Ms of geriatric care and learn about becoming recognized by IHI as Age Friendly.



Quality Improvement

Build quality improvement skills to help improve patient outcomes!

Have questions? Contact : peni.rosten@und.edu
Register: [via link](#), or scan the QR Code





UTAH GERIATRIC
EDUCATION
CONSORTIUM



The Utah Geriatric Education Consortium (UGEC) is a Health Resources and Services Agency (HRSA) funded Geriatric Workforce Enhancement Program. First funded in 2015, the goal of the UGEC is to expand educational and training programs on the 4 M's of Age-Friendly Health Systems – mobility, medications, mentation and what matters across health profession training programs, Long-Term Services and Supports (LTSS) and ambulatory care settings.

UGEC programs for students, LTSS health care providers and staff, and the community include:

- Age-Friendly LTSS ECHO
- LTSS Nurse Residency Program
- Alzheimer's Disease and Related Dementia Online Training Modules
- Interprofessional Education Courses about Long-Term Care and Communicating with Older Adults
- Gerontology Interdisciplinary Program Graduate Certificates with an Emphasis in LTSS
- Serious Illness Conversation Guide Training
- Community Fireside Chats promote Age-Friendly Health Care and Dementia-Friendly Communities
- Opioid Use in Long-Term Care Training Modules
- Implementing the 4M's Framework in Ambulatory Care settings
- Connecting Care Through Telehealth for Long-Term Services and Supports
- Serious illness Conversation Guide Training
- Motivational Interviewing
- GOC Training

We are honored to include the following LTSS and ambulatory care partners in our work: Mission Health Services, Avalon Health Care, Cascades Healthcare, Legacy Retirement Communities, Community Nursing Services, Aspire Home Health, Homecare & Hospice Association of Utah, Envision Home Health and Solstice Home Health, Hospice and Palliative Care and the University of Utah Ambulatory Care Clinics.

Our community partners include Comagine Health, the University of Utah, the Salt Lake Veterans Affairs Geriatric Research Education and Clinical Center, the Utah Commission on Aging, Utah Department of Health, the Utah Chapter of the Alzheimer's Association, and the Utah Health Care Association.



We Invite You to Attend HHAU's

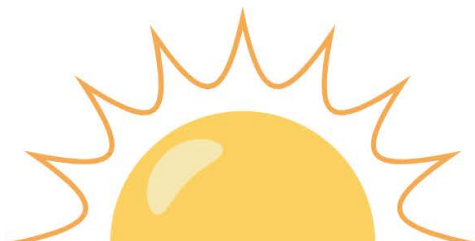
FAMILY CAREGIVER MONTHLY DIVISION MEETING

FIRST TUESDAY OF EVERY MONTH

12:00 P.M. - 1:00 P.M. (MST) VIRTUAL

(FREE & OPEN TO THE PUBLIC)

A monthly educational event for professional caregivers supporting families. Join our presentations and discussions to learn more about resources and practical solutions to family caregiving situations.



DIVISION CHAIR

MARGENE LUKE

During my 43 years in nursing and as a family caregiver, I learned first-hand the care, love, frustration, joy, and exhaustion of the professional and family caregiver.



**Join meeting from your computer,
tablet or smartphone.**

<https://global.gotomeeting.com/join/440651237>

**Dial in using your phone.
United States: +1 (312) 757-3121**

Access Code: 440-651-237

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**Homecare & Hospice
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GOING THE DISTANCE

MAY 17-18, 2022 @ SLCC SANDY CAMPUS

HHAU SPRING 2022 HOME HEALTH & HOSPICE CONFERENCE & EXHIBITION



OPENING KEYNOTE SPEAKER
GOLD MEDALIST OLYMPIAN BILLY DEMONG



CLOSING KEYNOTE SPEAKER
UTAH SPORTS HALL OF FAME HONOREE
DR. DAVID BARNES, M.D.

REGISTER EARLY AT WWW.HHAU.ORG
OR CONTACT US WITH QUESTIONS AT
INFO@HHAU.ORG OR 801-312-9110

We Can't Wait to See You!

MEMBER ATTENDEE PRICING*

Early Bird/Regular Pricing \$315/\$350

Send 5 from Same Agency \$1,500

Send 10 from Same Agency \$2,750

Partial Program Virtual Option \$295

On-Demand Recordings Available

*Non-Member rates 2x member rates

MEMBER EXHIBITOR PRICING*

Exhibitor Booth (Spring) \$450

Spring/Fall Combo. \$700

(Spring Booth & Fall Virtual Sponsorship)

Premier Sponsorships \$2,500

(Packages Include Booth & Much More)

A La Cart Opportunities to participate in-person or virtually:

- Program Advertizing
- Swag Bag Inserts
- Break-Out Session Sponsorships
- Snack & Meal Sponsorships
- Lanyards - and more!

*See website for non-member pricing



THANK YOU FOR YOUR SUPPORT!

2021 Walk to End Alzheimer's is Finished

Raised over \$406,000

362 Teams with 1,500 participants

Generated more than 2 million media impressions



**Renew or start
your team today
for the 2022 Walk
to End Alzheimer's.
Go to
www.alz.org/walk**



THE LONGEST DAY[®]

alzheimer's  association[®]

On June 20, thousands of participants across the world come together on The Longest Day[®] to fight the darkness of Alzheimer's through an activity of their choice. Together, they use their creativity and passion to raise funds and awareness for the Association's care, support and research efforts.

Sign up your team today at www.alz.org/thelongestday

February On-line Education Programs

Effective Communication Strategies

- Feb. 3, 2:00-3:00 PM
- Feb. 16, 2:00-3:00 PM

COVID-19 and Caregiving

- Feb. 9, 4:00-5:00 PM

Understanding and Responding to Dementia-Related Behavior

- Feb. 10, 2:00-3:00 PM
- Feb. 23, 2:00-3:00 PM

Healthy Living for Your Brain and Body: Tips From the Latest Research

- Feb. 12, 11:00-Noon

The 10 Warning Signs of Alzheimer's Disease

- Feb. 17, 7:00-8:00 PM
- Feb. 16 11:00 AM-Noon (Spanish)

Understanding Alzheimer's and Dementia

- Feb. 22, 5:30-6:30 PM

Living with Alzheimer's: For Caregivers-Middle Stage-Part 1

- Feb. 1, 1:00-2:30 PM

Living with Alzheimer's: For Caregivers-Middle Stage-Part 2

- Feb. 8, 1:00-2:30 PM

Living with Alzheimer's: For Caregivers-Middle Stage-Part 3

- Feb. 22, 1:00-2:30 PM

2022 Virtual Support Groups

alz.org/helping_you/support_groups

[HELPING YOU](#)

Support Groups

Other Pages in Helping You

[24/7 Helpline](#)

[Care Consultation](#)

[COVID-19: Tips for Caregivers](#)

[Health Care Provider Outreach](#)

[Online Tools](#)

► [Support Groups](#)

Get the emotional support you need.

Support groups create a safe, confidential and supportive environment and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help to them develop methods and skills to solve problems.

We have many support groups at various times and locations. [Check here](#) to see if there is a group close to you that fits your needs. For any questions regarding Caregiver Support Groups or Early Stage Groups, please contact our Helpline at 800.272.3900.

Share or Print this page



If you have Alzheimer's

There is an early stage Alzheimer's Support Group that meets in the Salt Lake area. Please contact Julia at jbentley@alz.org if you are interested in attending this group.

2022 State Policy Priorities

1. Increasing Medicaid reimbursement rates for in-home services and potentially long-term care
2. Adult Protective Service funding increase
3. Care Partner State Plan in conjunction with University of Utah
4. Research Funding