# Utah Commission on Aging AUGUST MEETING MINUTES

Date: Wednesday, August 14, 2013

**Time:** 1:00 – 3:00 PM

# Location: Salt Lake City and County Building 400 So. 225 E. - Cannon Room #335 SLC, UT 84111

ttended	INVITED	REPRESENTING		
	Members			
	Karla Aguirre (proxy for Jon Pierpont)	Utah Department of Workforce Services		
Х	Representative Stewart Barlow	Utah House of Representatives		
Х	Sarah Brenna	Area Agencies on Aging		
Х	Barry Burton	UT Association of Counties		
Х	Michael S. Cupello	Public Safety Sector		
Х	Palmer DePaulis	UT Dept. of Human Services		
Х	Teresa Garrett (proxy for David Patton)	Utah Department of Health		
Х	Danny Harris (proxy for Alan Ormsby)	Aging Advocacy Organizations		
Х	Nels Holmgren (proxy for Palmer DePaulis)	Department of Human Services		
Х	Becky Kapp (Chair)	Health Care Provider Industry		
Х	Gary Kelso	Long-Term Care		
Х	William (Bill) Knowles	UT Transportation		
	Mayor Daniel McArthur	Utah League of Cities and Towns (St. George City)		
Х	Alan K. Ormsby, J.D.	AARP, Aging Advocacy		
	O. Fahina Tavake Pasi	Ethnic Minorities		
Х	David Patton	Utah Department of Health		
Х	Anne Peterson (Interim Executive Director)	Utah Commission on Aging		
Х	Senator Brian Shiozawa, M.D.	Utah Senate		
	Mary Street	Business Community		
Х	Mark Supiano, M.D.	Higher Education		
Х	Frances (Fran) Wilby	Charitable Organizations		
	Winston Wilkinson (proxy for Spencer Eccles)	Governor's Office of Economic Development		
Х	Troy Wilson	Legal Profession		
Х	Elizabeth (Bette) Vierra	General Public		
Х	Kimberlee Willette	Office of the Governor		
	-vacant-	Financial Institutions		
	Guests			
	Shannon Alvey	Guest – Public Guardian's Office		
Х	Christopher Corroon	Guest – Wasatch Marketing Association		
X	Phil Carroll	Guest – Greater Avenues Community Council		
X	Justin Clutter	Guest – ePOLST Advisory Committee		
~	Ken Crossley	Guest – EngAGE Utah		
	Kevin Fayles	Guest – Envision Utah		
	Michelle Ferry	Guest – Gerontology Masters Graduate		
Х	Pat Gamble Hovey	Guest – Friendship Manor		
~	Nan Mendenhall	Guest – Director, Adult Protective Services		
	Kaye Mickelson	Guest – Salt Lake City Mayor's Office		
	Rhonda Parker	Guest – Division of Public Safety		
	Donna Russell	Guest – Director, Office of the Public Guardian		
	Jan Root	Guest – Utah Health Information Network		
	Wendy Thomas	Guest – Community Services, So. Jordan City		
	Joyce P. Valdez	Guest – Mayor's Office		
	Staff			
Х		Drogram Coordinator Utah Commission on Asia		
	Holly Abel	Program Coordinator, Utah Commission on Aging		
X	Rhonda Hypio	Program Coordinator, Aging & Disability Resource Cent		

# **Special Presentation**

<u>Maureen Henry</u>, outgoing Executive Director of the Utah Commission on Aging was honored with a special luncheon and presentation prior to the bi-monthly meeting. Maureen received a signed letter from Governor Herbert and a plaque recognizing her exemplary service and leadership for the Commission on Aging since its inception in 2007 and continuing through 2012.

- A tribute was given to her by Dr. Mark Supiano, University of Utah Chair of Geriatrics and Executive Director of the Center on Aging.
- A tribute was given by Kaye Mickelson
- Maureen spoke for a few minutes

<u>Anne Peterson</u> was officially installed as the new Executive Director of the Utah Commission on Aging. Anne had been serving as the interim director for the past 6 months.

1.	Welcome, Announcements	, Minutes Approval -	- Teresa Garrett, pro-tem Chair	1:15-1:30
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2. Neighbors Helping Neighbors Presentation with Q&A – Fran Wilby (30 min) 1:30-2:00

Fran shared the history and mission of the Neighbors Helping Neighbors program which began in 1996 and is offered free of charge to the aging and home-bound population in Salt Lake City. The program is offered to those who typically do not make enough money to pay for the help they need, but do not quite meet Federal poverty guidelines for Federal assistance. An initial Care Management evaluation is performed, most often by students from the Social Work, Nursing, or Gerontology fields. Services are performed by thoroughly screened volunteers and in partnership with major non-profit organizations such as the Goodwill Foundation, LDS Foundation, and private donors. Typical services provided include Transportation, Home Maintenance, Friendly Visits, and Yard Work.

Fran's Power Point presentation which includes many more details is available for review.

3. Utah's Yellowdot Program – Rhonda Parker, Division of Public Safety (20 min) 2:00-2:15

This presentation has been postponed.

4. ADRC Funding Update – Jennifer Morgan 2:15-2:25

Jennifer Morgan, program manager for the ADRC was happy to report that they have received additional funding for the program.

5. Senior Housing Workgroup report – Alan Ormsby2:25-2:35

Alan shared that a new style sheet / brochure is being created by the Senior Housing Workgroup which will include definitions of each style of senior housing with sample photographs. Other important senior housing terms and helpful contact information will be included. This brochure will be distributed in various ways to the community at large, health providers, housing providers and city planners. The goal is to have the guide completed and printed in time for the Oct. 3<sup>rd</sup> American Planners Association meeting.

Alan will be a key speaker at the national APA (American Planning Association) meeting which will be held October 3-4, 2013 at the Maverick Center in Draper Utah. More information can be found here: <u>https://utahapa.eventleap.com/fallconference2013</u>

A mock-up of the brochure was shared with the Commission members. Suggestions were given to add

- Foster Care / VA housing
- Emphasize in the brochure what people are gaining instead of "giving up" if moving to senior housing
- 6. **Governor's Health Summit** & Legislative Updates Teresa Garrett 2:35-2:45

Teresa announced that the annual Governor's Health Summit will be taking place on **September 26<sup>th</sup> 2013**. Main topics addressed will be "Expanding or not expanding Medicaid", the Governor's Statewide Initiative for Medicare Health (SIMH), Patient safety, Tort Reform, Prevention & Wellness.

For more information & Registration please go to this link: <u>http://www.utahsummit.com/</u>

#### 7. **Report on SLC Mayor's Aging-in-Place Committee-** Joyce P. Valdez : 2:45-2:55

Ms. Valdez reported that the committee has completed its study, engaging citywide department heads in the process. Recommendations have been forwarded to Mayor Becker for his action.

#### 8. Other business

Announcements/ Upcoming Meeting Reminders

**Nels Holmgren, Dept. of Human Services** reported on a recent presentation in Logan, Utah where Human Services addressed the subject of Human services related to aging and substance abuse questions were addressed. Human Services has also begun their new budgeting process.

2:55-3:00

#### Anne Peterson gave an ePOLST update.

The commission was approached to show support for the ePOLST and sustainability of the Leaving Well Coalition programs.

Anne will be attending a meeting at 9:00 am Monday Aug. 19<sup>th</sup> to learn more about

- Cost of sustainability
- Approaching the division of vial records

Action items from this meeting will be shared at the October UCOA meeting.

**Teresa Garrett** thanked everyone for coming and as a nurse took the opportunity to encourage everyone to be sure to get their FLU SHOT between now and our next meeting.

#### 9. The meeting was adjourned

#### **2013 Commission Meeting Calendar**

 October 9<sup>th</sup> – 1:00 – 3:00 PM\*\* – at Millcreek Community Center 2266 E. Evergreen Ave. (3400 S) Millcreek Township, UT 84109

\*\*Note: Attendees are encouraged to arrive early and enjoy lunch in Café Evergreen for a nominal fee\*\*

• **December 4<sup>th</sup>** – 11:30 am – 2:00 PM – at the University of Utah Union Building – Mezzanine Level, Parlor A. 200 Central Campus Dr. Salt Lake City, UT 84112

**\*\*Note: a holiday luncheon will be served in conjunction with this meeting**. Holly Abel will be collecting RSVP to get an accurate count for the meal\*\*

### Next Aging Housing Workgroup

 Thursday, Sept. 18, 2013 - 3:00 – 4:30 PM Location: The Wasatch Retreat and Conference Center - within the Episcopal Church Center of UT 75 South 200 East, Salt Lake City, Utah 84111

## **Other Meetings of Interest**

- Rocky Mountain Geriatrics Conference, Sept. 9-10, 2013, Snowbird Resort http://medicine.utah.edu/internalmedicine/geriatrics/conferences/rm\_conference/index.php
- Governor's Health Summit Sept. 26<sup>th</sup>, 2013 <u>http://www.utahsummit.com/</u>
- Utah Aging Alliance 22<sup>nd</sup> Annual Meeting "Building a Better Life for You." Oct. 10, 2013 Yarrow Hotel, Park City UT <u>http://www.utahagingalliance.org/conferences.html</u>

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